

THE Shepherd's Fold

March 19, 2023

Fourth Sunday in Lent

SPRING CLEANING

It's that time of year again. Spring almost. And that means it's time for the deep clean. Heavy work. Spring is also a time to declutter. A time to finally admit that you will never again fit into your college jeans and then forcing yourself to toss them into the donation bin.

We used to rent our house for Masters. So, spring cleaning became more urgent. There was a deadline. Each year my housekeeper, Sarah, and I would work ourselves into a frenzy getting the house ready for guests. The months of February and March were consumed with washing the windows, polishing the chandeliers, moving the furniture, vacuuming and rolling back the rugs, mopping the hardwood floors, wiping down the base boards and crown molding, pressure washing. Each year it was the same story, and it was overwhelming. And then somebody suggested something that changed my life and Sarah's, too. Instead of doing one huge cleaning every year, take one room each week and deep clean it rotating rooms throughout the house. That way the rooms were deep cleaned more often, and it was much less stressful. It was a great idea that made life much easier.

I think that we could practice this same type of deep cleaning in our spiritual homes as well. Many of us use Lent as our time to spring clean our hearts, souls, and minds. Once a year to look back over our lives. Once a year to commit to doing better. Once a year to be more spiritually disciplined. Once a year to commit to daily Bible reading, zooming Morning Prayer, or attending the Healing Service. Once a year to promise to attend to our faith and our relationship with God. But for just the six weeks of Lent. What about the other 46 weeks of the year? We use that six weeks of Lent like Sarah and I were using February and March for spring cleaning.

I think that we might be more aware of our shortcomings and our need for God in our lives if we made spiritual cleaning a weekly (or, better yet, a daily) practice to examine our thoughts, our words, our deeds. If we made personal reflection a weekly or daily commitment, we might be surprised how our lives might change for the better. We could cleanse our souls of our hurtful words and our slights toward others. We could declutter our hardened hearts of the resentment we feel toward some.

Simon and I have often spoken of how great it felt to come back home after the renters had left. The house felt so clean, so peaceful. There was nothing to do that night but enjoy the beauty and comfort of our home. And that same peace and comfort could be felt in our spiritual home if we would just pay attention to it throughout the entire year.

Keep on keeping on...

Sunny+



Join us Fridays in Lent at noon in the Parish Hall for Stations of the Cross.

VISIO DIVINA MEDITATION WITH *THE SAINT JOHN'S* *BIBLE*

Plans are being made to offer an evening Visio Divina Meditation beginning Wednesday, March 29th at 6:00 pm. We are hoping that others will want to consider becoming a facilitator and helping with the planning and choice of illuminations from *The Saint John's Bible*. If you would like to help as a facilitator, please contact Penny Brown by phone or text. (706-399-3677)

THIS WEEK AT GOOD SHEPHERD

Please join our every morning at 7:30 am for morning prayer on zoom.

Tuesday

Healing Service 11:00 am

Brown Bag Lunch &

The Saint John's Bible 12:00 pm

Wednesday

Holy Eucharist 7:00 am

WAGS 6:00 pm

Sunday

Services 8:00 am, 9:00 am,
11:15 am, & 6:00 pm

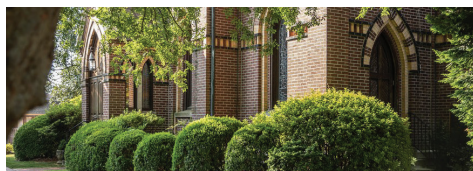
Breakfast 8:40 am - 9:40 am

Christian Formation 10:00 am

Youth Group, Grades 6-8 5:00 pm

Youth Group Dinner, Grades 6-12 6:00 pm

Youth Group, Grades 9-12 6:30 pm



YOUTH NEWS

PALM SUNDAY & EASTER ACOLYTES

To sign up to acolyte on Palm Sunday or Easter Sunday, please reach out to Mary Grace Wynn or sign up through the Shell Newsletter. We still need 3 volunteers for the 10am Palm Sunday Service and 5 volunteers for the 11:15am Easter Service. Thank you for volunteering!

EASTER EGG HUNT

We need 1200 filled Easter eggs for the Easter Egg Hunt on April 9th at 10 am. Please contact Jinny with any questions. Volunteers are needed.

YOUTH GROUP

We will continue with our regular Youth Group schedule this Sunday evening, March 19th. The schedule is as follows.

Youth Group, Grades 6-8

Youth Lounge, Rm 301 5:00-6:00 PM

Gather for Dinner, Grades 6-12

Small Parish Hall 6:00-6:30 PM

Youth Group, Grades 9-12

Youth Lounge, Rm 301 6:30-7:30 PM

Study Lounge is open from 4:30-7:30 PM.

HAPPENING

Happening #107 is just around the corner! Youth in Grades 9th-12th are invited to join us for this meaningful retreat weekend, March 24-26th. To meet Happening #107's Youth Rector, Adair Weston, head to the Shell Youth Newsletter in your inbox! For any questions, please contact Mary Grace Wynn.

ALTAR FLOWERS

Contribute to the altar flowers at Easter by completing and returning the form below. Make your gifts payable to Good Shepherd marked as *Easter Lilies*. Forms must be received by March 31st in order to appear in the order of service.

Name: _____

Telephone: _____ Enclosed Amount: _____

In honor of/memory of (circle one) _____

By: _____



GETHSEMANE WATCH

All night vigil in the CHURCH

The Church will be open all night following the Maundy Thursday, April 6, service until Good Friday morning, April 7. Sit with Jesus before the altar. This profound, meaningful time brings you into the mystery of the life, death, and resurrection of Jesus. You can sign up for 30-minute slots at bit.ly/gethsemanewatch OR you can come anytime between 8 pm and 7 am. We will have an off duty police officer on the premises for security.

Holy Week

PALM SUNDAY

APRIL 2ND, 8:00 AM, 10:00 AM*

AND 6:00 PM

MONDAY IN HOLY WEEK

APRIL 3RD, 7:00 AM

HOLY EUCHARIST

TUESDAY IN HOLY WEEK

APRIL 4TH, 7:00 AM

HOLY EUCHARIST

WEDNESDAY IN HOLY WEEK

APRIL 5TH, 7:00 AM

HOLY EUCHARIST

MAUNDY THURSDAY

APRIL 6TH, 7:00 PM*, FOLLOWED BY
ALL-NIGHT PRAYER VIGIL.

SIGN UP AT

[BIT.LY/GETHSEMANEWATCH](https://bit.ly/gethsemanewatch)

GOOD FRIDAY

APRIL 7TH, 12:00 PM, 7:00* PM

STATIONS OF THE CROSS

AT 1:00 PM

THE GREAT VIGIL OF EASTER

APRIL 8TH, 7:00 PM*

EASTER DAY

APRIL 9TH, 8:00 AM, 9:00 AM*

11:15 AM*, 6:00 PM

EGG HUNT

AFTER 9:00 AM SERVICE

*LIVE STREAMS

Servers of the Shepherd

Sunday, March 19, 2023

8:00 AM

Celebrant.....Ted Clarkson
Preacher..... Joe Bowden
Organist Wayne Lord
Lay ReadersBobbie Ingenito, Cissy Bowden

9:00 AM

Celebrant..... Bunny Simon William
Preacher..... Joe Bowden
Organist & ChoirmasterJim Nord
UshersSean Roche, Trey Hargrove
Verger.....Jean Chadwick
Lay Readers Charlie Rollins, Katie Tracy
Acolytes.....Jackson Evans, Mary Dennis Trotter,
Wiley Trotter, Mallory Morgan

11:15 AM

Celebrant.....Ted Clarkson
Preacher..... Joe Bowden
Organist & ChoirmasterJim Nord
Ushers..... James Jones, Matt Matson
Verger.....Sada Huggins
Lay Reader Andrew Austin, Gerry Chambers
AcolyteAdair Weston, Spencer Weston,
Annie Weston, Stella Chew, Helen Pritchett

6:00 pm

Celebrant & Preacher..... Joe Bowden
OrganistNick Lowery
Lay ReadersFaith Moore, Jim Price

All Services

Altar Guild Team VI
Breakfast Team II
Vestry Person of the Day Paul Trotter



MAY 28TH

Parish Picnic at Flowing Wells

JUNE 5TH - 9TH

**Vacation Bible School
9 am to 12 pm**



**BLOCK
PARTY**

Join us Saturday

March 18th from 10AM-12:30PM

We will begin at 10 with a neighborhood clean up and tire collection.



Meet at Turn Back the Block, 1924 Battle Row, 30904.

Please text or email Mary Grace if you plan on joining. Hope to see you there!



**JESUS,
DID YOU
EVER
REALLY
KNOW
ME?**

Wednesdays at Good Shepherd
March 1, 8, 15 & 22

Our last WAGS Lenten Series "Jesus, did you ever really know me?" a look at the life of Jesus through the eyes of four of the people who were close to him. Dinner is at 6:00 pm, followed by the 'class' at 6:30 pm.

Week 1: Virgin Mary (Sonia Sullivan-Clifton)

Week 2: Peter (Ted Clarkson)

Week 3: Judas (Joe Bowden)

Week 4: Mary Magdalene (Bunny Simon-Williams)

Scan QR code to register!

