

THE

# Shepherd's Fold

DISCOVER 150 YEARS OF PURPOSE

October 13, 2019

## Stressed Parents, Stressed Kids

In 1981, David Elkind wrote the book, *The Hurried Child: Growing Up Too Fast Too Soon*. Stress, often considered an adult affliction, had become ever more prevalent in children than parents realized. He labeled the children of the 80s the hurried children; “forced to achieve more, earlier, than any other generation”. Their traditional rites of passage were coming too soon. They felt pressured to be involved in everything and to succeed at everything from athletics, to academics, to community service hours, etc. They were dressing as mini adults and adopting adult mannerisms and activities which were both inappropriate and premature. Children and young teenagers were being forced to “bloom” too soon.

Dr. Elkind's premise is every bit as relevant today as it was in the 1980s. In the years hence, little has changed to make things easier for our children. Indeed, our current culture has more likely increased the pressures on our children and young teens forcing them to sacrifice their childhoods for premature and inappropriate adulthood. In effect, forcing them to face stress much too soon.

At the October Follow the Star Dinner, the topic addressed was Stressed Kids=Stressed Parents=Stressed Kids=Stressed Parents...and on and on and on. Drs. Sid Gates and Anna Wright and our own Danny Wright offered insights on how to raise our children to be healthy adults without forcing stressors on them for which they are not yet prepared.

Children learn how to be adults through observation. And we, their parents and guardians, are their role models. What are we modeling for our children? When we spend “quality time” with them, do we have one eye on the phone and one ear on the TV? Are we so stressed that we are constantly frustrated and irritable with each other and with our children? Or are we modeling love, affection, and appreciation for one another? It turns out that healthy parents and a solid happy marriage are the best teaching tools we have.

And what are we teaching our children? Is it more important to be accepted to Yale or is it more important that they have a happy and healthy marriage? Is it more important for them to be an honorable person or to possess the most stuff? Is it best to participate in every activity or is it more desirable for them to be guided into making healthy choices about which activities are most enjoyable and beneficial? Are we forcing our own vicarious wishes for them, only to deny them their own desires, their own happiness? Is happiness having the most recent gadget or being content with what we have? Perhaps, as Danny Wright suggested, we need to redefine happiness.

*Continued on the following page*

Our children belong to God. He has placed them in our care for a short time and given us the task of raising them. We receive them in their state of complete dependence and raise them to independence and maturity to be given back to God. God has a plan for each and every one of them. Our responsibility is not to push them into the life that we define, but to help them to determine the life that God has designed for them. We do this best when we form honest and trusting relationships with them. We cannot ask culture what is best for our children. That question is best addressed to God through prayer.

Sunny+

### **Basketball Signups**

Email Roger at [youth@goodshepherd-augusta.org](mailto:youth@goodshepherd-augusta.org) for the link to register by Oct. 31.

Important Dates for Basketball:

5 November - Team Applications and Fees are due for Adult & U19

12 November- Team Applications and Fees are due for U15 & Below Leagues

22 November - Schedules Published

2 December - Season Begins

20 December – 5 January – Christmas/New Year Break

6 January – Games Resume

March 2020 - Season Ends

### **Meet the Nominees for Bishop**

You are invited to come meet the five nominees to be elected the next Bishop of Georgia on Tuesday, October 22nd at 6:00 pm.

Good Shepherd will host this convocational meeting in our Parish House. Read the nominees' biographies at [www.georgiabishopsearch.org](http://www.georgiabishopsearch.org)

### **Volunteer Opportunity**

Family Promise (Formerly Interfaith) at COGS

Our Family Promise guests will be arriving Sunday, October 27th and staying with us through Sunday, November 3rd. Please look for the volunteer sign up sheets on Sunday mornings outside of the church doors or in the parish hall depending on the weather. You may also contact CJ Reimche by email: [cjreimche@gmail.com](mailto:cjreimche@gmail.com) or by phone: 706-564-3414 to sign up to help. Thank you for participating in this worthwhile ministry.

### **Parish Registers**

Congratulations to Laine and Knox Hopkins on the birth of their daughter, Leila Hall Hopkins. Welcoming her home are her grandparents, Liz and Bill Hopkins.

### **Adult Formation Readings**

*The Scarlet Thread of Redemption*

**October 13** Much Is Demanded  
*Numbers 20:1-13, Deuteronomy 3:18-29,  
Deuteronomy 4:1-9, 20-24*

**October 20** The Holy Demands  
*Deuteronomy 6:1-12, 32:48-52, Chapter 34*

## ***Annual Parish Meeting***

We will have services at 8:00 AM, 10:00 AM, and 6:00 PM on November 3rd in order to host our annual parish meeting after the 10:00 service. We will not be having breakfast in the morning. Please join us for lunch as we review our year and elect new vestry.

## **Menu**

*Smoked Chicken  
Red Potato Salad  
Green Beans  
Rolls  
Cookies*

## ***Following Jesus***

There is no more important decision in all of life than the decision to follow Jesus Christ as Lord and Savior in his Way of love. The Episcopal Church celebrates this moment in a service known as Confirmation.

Every Christian is called to make a public profession of faith in Christ, and given the solemnity of that confession it is made before a bishop of the church. The Bishop of Georgia, the Right Reverend Scott A. Benhase will be at Good Shepherd on Sunday, November 24th.

If you have not made a public declaration of your confidence and faith in God's grace and love given to us in Jesus, then we urge you to prayerfully consider doing so. Please call one of the clergy of the Parish to discuss this important decision.



***Parishioner of the Week***  
Reba Brown

## ***Kanuga Weekend***

As our Parish Retreat weekend was cancelled due to housing hurricane evacuees, we are now taking registrations for a Kanuga Weekend to be held November 8th-10th. Please pick up a registration form in the church office. Deadline for registration is October 25th!

## ***Handbell Ringers Wanted!***

Want to learn or improve your music reading ability? Consider joining the Good Shepherd Handbell Choir for fun and fellowship. The choir is open to youth and adults. The ability to read music is helpful but not required. Ringers can learn to read music via hands-on experience.

Rehearsals are held in the handbell room in the 2nd floor (next to the choir room) on Wednesday evenings from 6:30-7pm. Rehearsals will begin on October 16. For more information, please contact Debby Moore at 706-231-5122 or [deb2101@yahoo.com](mailto:deb2101@yahoo.com)

# Servers of the Shepherd

**Sunday, October 13**

**8:00 am**

Celebrant..... Bunny S. Williams  
 Preacher ..... Andy Menger  
 Organist..... Nick Lowery  
 Lay Readers ..... David Lentz, Jack Speese  
 Lead Acolyte ..... Thomas Galloway

**9:00 am**

Celebrant..... Lynn Prather  
 Preacher ..... Andy Menger  
 Organist & Choirmaster ..... Jim Nord  
 Choir ..... St. Gregory  
 Verger ..... Brice Wright  
 Lay Readers ..... Kelley Norris, Bob Nesbit  
 Lead Acolyte ..... Macie Wier  
 Ushers..... Kevin McDougal, Mark Pritchett

**11:15 am**

Celebrant..... Robert Fain  
 Preacher ..... Joe Bowden  
 Organist & Choirmaster ..... Jim Nord  
 Choir ..... Good Shepherd  
 Verger ..... Jean Chadwick  
 Lay Readers ..... Gerry Chambers, Lynn Smith  
 Lead Acolyte ..... Andrew Daniel  
 Ushers..... Glen Owen, William Jackson

**6:00 pm**

Celebrant & Preacher ..... Andy Menger  
 Organist..... Wayne Lord  
 Lay Readers ..... Andrew Austin, Anne Floyd

**All Services**

Vestry..... Drew Prosser  
 Altar Guild ..... Team I  
 Breakfast ..... Dody & Byron Neely  
 Glen & Christie Owen

**Monday, October 14**

Morning Prayer.....8:00 am ..... Jim Price  
 Grief Group .....6:15 pm.....Andy Menger

**Tuesday, October 15**

Morning Prayer.....8:00 am ..... Mary Howard  
 Bible Study .....10:00 am..... Andy Menger  
 Healing Service ..... 11:00 am Bunny S. Williams

**Wednesday, October 16**

Holy Eucharist.....7:00 am..... Lynn Prather  
 Morning Prayer .....8:00 am .....Jack Speese  
 Brandonwilde.....4:00 pm .....Andy Menger

**Thursday, October 17**

Morning Prayer .....8:00 am Alan Roy Andrews

**Friday, October 18**

Morning Prayer .....8:00 am ..... Danae Long

**Saturday, October 19**

Morning Prayer .....8:30 am Kathleen Barnhart

**Readings**

2 Kings 5:1-3, 7-15c, Psalm 111,  
 2 Timothy 2:8-15, Luke 17:11-19

