

THE Shepherd's Fold

March 3, 2024

The Third Sunday in Lent

DISCIPLINE

I am a military brat and proud of it! For those of you who did not grow up in a nomadic military family the word “Brat” doesn’t mean a badly behaved child it, is an acronym for British Regiment Attached Traveler (BRAT), to describe families or children who accompanied their parent service members on their travels. Before I went to college I had moved eight times in eighteen years! The nomadic lifestyle of a military family is hard to understand unless you have lived it firsthand!

Being a Brat has been on my mind for the past two weeks as I have focused on the Lenten season we are now in – a season of discipline. I quickly learned early in life that discipline was absolutely necessary for our family as we had to adapt to new towns and people as we mourned the loss of old friends and special places.

On or around Ash Wednesday conversations around Good Shepherd frequently were about what we were going to give up or take on as a Lenten discipline. I did that for many years but have not done it in a long time. Around the time I was going through the process for ordination it was made perfectly clear that we, the candidates, were expected to have a life-long “Rule of Life” or spiritual discipline, which was necessary for our formation as a priest, Christian and human being.

In my seminary notes from a long time ago I found these words describing the benefits of discipline: “Discipline creates habits, habits make routines, and routines become who you are daily. Not only does the practice of discipline allow one to establish a positive action, but it also helps us train our minds and bodies and enables us to focus on our goals and to regulate our emotions.”

This definition of discipline is a beacon that can guide us not just during the forty days of Lent, but all the days of our life. Our spiritual disciplines lead us in one direction, to or back to God’s amazing grace.

Peace,



PARISH REGISTERS

Our thoughts and prayers are with David, Katrina, Liam and Savannah Leigh Selby upon the death of his father and their grandfather, Ed Selby.

Our thoughts and prayers are with Maureen upon the death of her husband, Ellis Rece.

DCCM FOOD PANTRY

Thanks to everyone for their support of our COGS outreach ministries. Our next COGS outreach will be working with Downtown Cooperative Church Ministries Food Panty whose mission is to “feed the hungry in our community.” Our group will be volunteering on **March 16th**. Volunteers should just show up at the St. John UMC parking lot (736 Greene Street) between 8 and 8:30am where the DCCM volunteers will be setting up the food distribution. Volunteers should plan on parking on 8th St. or across the street on Telfair since the parking lot is used for the drive through and walk up distributions. Once volunteers arrive, just ask someone with a DCCM t-shirt where help is needed. The volunteers are at the various stations with the food and place it in the client’s trunk as they drive up. They have a separate area for the walking clients where they gather to sign up. Unlike those in cars who get everything, the walking folks are given a list of what is available and can choose all or some of what is available. A volunteer “personal shopper” takes their cart and goes to get their food. This keeps these folks out of the car line. There is also a separate table where homeless folks can get a bag of ready to eat items. The food distribution generally occurs between 9am and 11am. Please e-mail Lynn

Tyson at Ityson517@gmail.com if you would like to volunteer or call or text at 706-833-7415. I will have name tags for our COGS volunteers. They report that donations of granola bars or ready to eat items such as peanut butter crackers for snack bags for the homeless are always appreciated. DCCM reports that they are doing what Christ has asked us to do. “Feed his sheep.” How appropriate for COGS!

STATIONS OF THE CROSS

Join us every Friday in Lent at 12:00 pm in the Parish Hall.

BACK TO THE BIBLE

For the monthly readings pick up a bookmark or navigate to our B2B page: goodshepherd-augusta.org/b2b.



Scan me

BIBLE STUDY - LETTING GO

Lent is about letting go of past hurts, grudges, and resentment. It is about self-examination and forgiveness. Forgiving others. Forgiving self. And sometimes even forgiving God. Starting **March 6th**, join Bunny for a Lenten Bible study on forgiveness. Wednesday mornings at 10 am in the conference room.



WAGS

Keeping with the theme of Lent, WAGS this Lent will focus on the story of *Les Miserables*, an epic tale of sin, forgiveness, and redemption. We will be watching the movie in five parts (there will be five WAGS suppers in Lent), and

then discussing the themes illuminated in the portion of the movie that we just watched. Whether you know it by heart or have never encountered it, Victor Hugo's examination of what it means to be Christian is more instructive to us today than ever. Sign up with the QR code. Dinner is Chicken and broccoli alfredo, salad, and dessert



GETHSEMANE WATCH

The Church will be open all night following the Maundy Thursday, **March 28th**, service until Good Friday morning, **March 29th**. Sit with Jesus before the altar for 30 minutes to an hour. This profound, meaningful time brings you into the mystery of the life, death, and resurrection of Jesus. You can sign up for 30-minute slots at bit.ly/gethsemanewatch.

EASTER EGG HUNT

Mark your calendars for **March 31st** at 10 am for the annual Easter Egg Hunt! In preparation, we are asking for volunteers to provide filled Easter Eggs between March 1st and 25th. Empty eggs are available to pick up from the Church to fill. Please return filled eggs to the Church Office. To sign up, head over to the Shell.

CLOTHING DRIVE

Patrick Broome, a Freshman at Richmond. For his IB project, he is collecting clothes for The Dream Center's Clothes Closet to help people in our community. The Dream Center distributes around 50,000 articles of clothing per month to people in the CSRA! The greatest need for the free clothes closet is youth sizes for boys and tween sizes for girls (for example 10/12, 12/14, 14/16). Before donating, please check sizes and make sure clothes are in ready-to-wear condition. We will be collecting clothing until March 8th. Thank you for your contribution!



Lent & Holy week at **GOOD SHEPHERD**

STATIONS OF THE CROSS

12:00 PM FRIDAYS IN LENT

PALM SUNDAY

MARCH 24TH, 8:00 AM, 9:00 AM,
11:15 AM, AND 6:00 PM

MONDAY IN HOLY WEEK

MARCH 25TH 7:00 AM
HOLY EUCHARIST

TUESDAY IN HOLY WEEK

MARCH 26TH, 7:00 AM
HOLY EUCHARIST

WEDNESDAY IN HOLY WEEK

MARCH 27TH, 7:00 AM
HOLY EUCHARIST



Servers of the Shepherd

Sunday, March 3, 2024

8:00 am

Celebrant..... Joe Bowden
PreacherTed Clarkson
Organist Wayne Lord
Lay ReaderCamilla Davis, Bobbie Ingenito

9:00 am

Celebrant.....Bunny Simon Williams
PreacherTed Clarkson
Organist & ChoirmasterJim Nord
Lay ReadersMitzi McCoy, Bob Nesbit
UshersEd Enoch, Matt Tracy
Vergers..... Ed Enoch
Acolytes.....Anabelle Wilkes
Lillian Wilkes, Hub Wier

11:15 am

Celebrant..... Joe Bowden
PreacherTed Clarkson
OrganistJim Nord
Lay ReadersAndrew Austin, Heather Wheeler
Ushers Matt Matson, Ashley Wilds
Vergers..... Mark Burgreen
Acolytes.....Eliza McCutcheon
Carline McCutcheon, Bo Cates

6:00 pm

Preacher & Celebrant.....Ted Clarkson
OrganistNick Lowery
Lay ReadersFaith Moore, Jim Price

All Services

Altar Guild Team III
Breakfast Ministry Team VI
Vestry Person of the Day John Manton

YOUTH NEWS

Head to the Shell Newsletter for details & to sign-up for up coming events. For any questions, email Mary Grace Wynn at mgwynn@goodshepherd-augusta.org.

NURSERY OPEN HOUSE: Join us in the Parish Hall on Tuesday, **March 5th** from 6-7:30pm for an Open House for parents of nursery-aged children. Light refreshments provided as we get to know each other and discuss the upcoming years of Christian Formation for your children. Nursery provided for kids 4 years old and under.

YG LOCK-IN: Students in grades 6th-12th are invited to an overnight Lock-In on **March 9th** starting at 6pm. Pick-up will be after Eucharist and breakfast Sunday morning. Friends are welcome! RSVP to Mary Grace Wynn.

YOUTH GROUP: Youth Group continues this Sunday, **March 3rd!** We look forward to a fun evening of fellowship, games, and dinner! Dinner will be provided by Katie Tracy. Youth Group schedule is as follows:

- **5:00 - 6:00 PM: RITE-13:** Meet in Youth Lounge (Room 303)
- **6:00 - 6:30 PM: RITE-13 & J2A:** Gather for Dinner in Small Parish Hall
- **6:30 - 7:30 PM: J2A:** Meet in Youth Lounge (Room 303)